If you need reading glasses, please wear them while you use the Amsler grid. The grid should be at about the same distance from your eyes that any other reading material would be.

Cover one eye, then focus on the dot in the center. Repeat for the other eye.

- Do any of the lines look wavy, blurred or distorted? (All lines should be straight, all intersections should form right angles and all the squares should be the same size.)
- Are there any missing areas or dark areas in the grid?
- Can you see all corners and sides of the grid?